

Preventive care roll call

What's recommended? (as of January 1, 2013)



Counseling & Support

Alcohol misuse				
Breastfeeding support				
Counseling for breast cancer prevention				
Development and behavior assessments				
Domestic violence				
Obesity screening				
Nutrition				
Sexually transmitted infection prevention				
Tobacco cessation intervention				

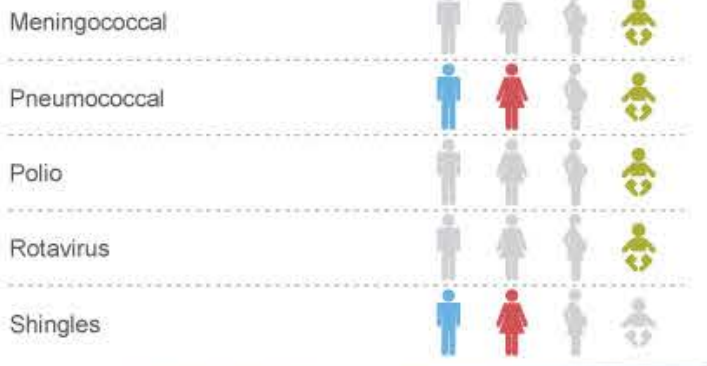

A lot of **preventive care services** are covered at **100%**, which means they're free for you if you get them from a doctor, hospital or clinic in your plan's network.

Vaccinations

Chicken pox vaccine				
Diphtheria, tetanus, pertussis (DTP or Tdap)				
Flu shot				
Hepatitis A				
Hepatitis B				
H. influenza type b				
HPV				
Measles, mumps, rubella (MMRV)				

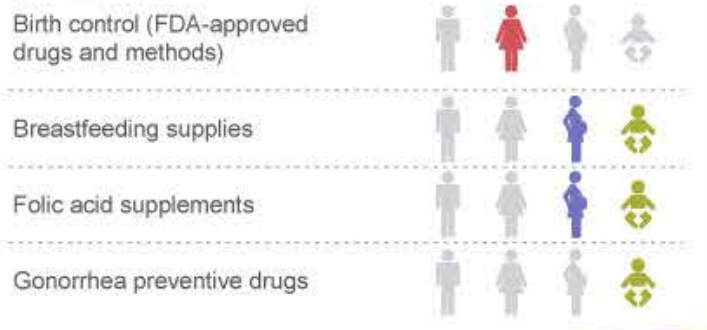
Screenings & Tests

Abdominal aortic aneurysm (for smokers)				
Autism				
Blood pressure				
Breast cancer counseling about genetic testing for high-risk women				
Chlamydia				

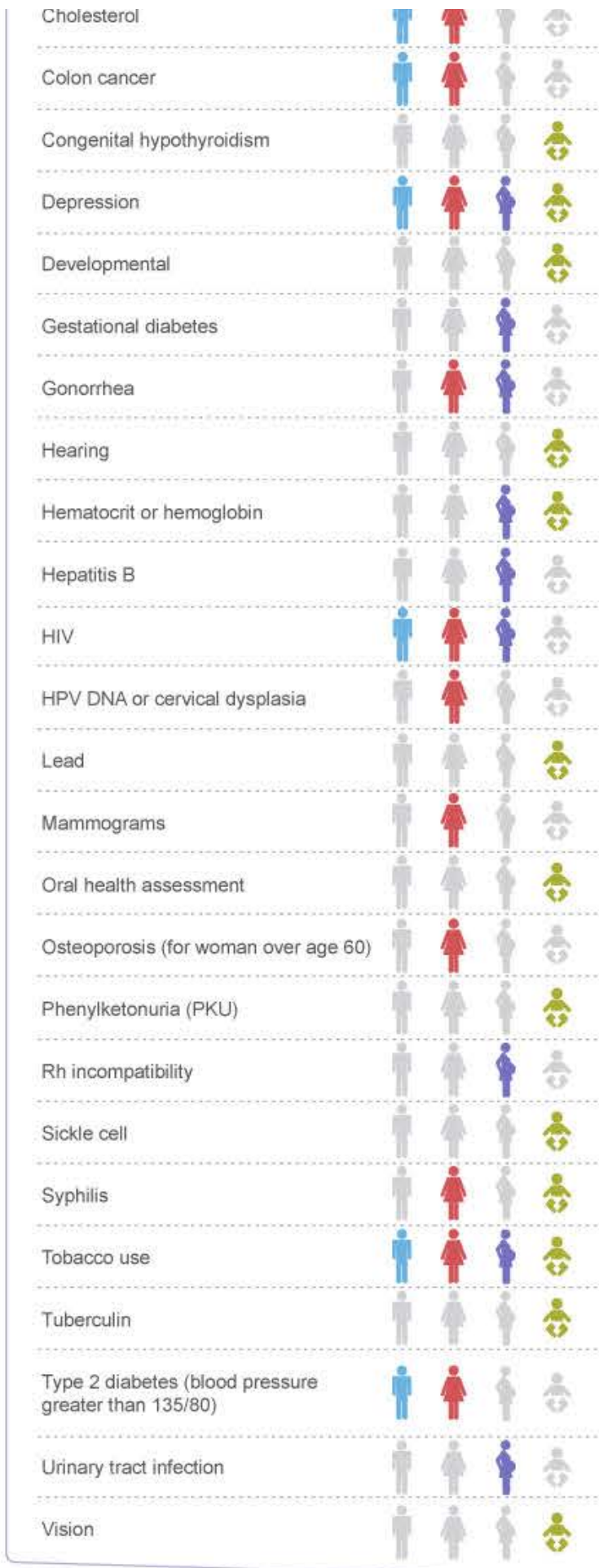



Prescription drugs and supplements may be covered at **100%** too.

 Prescription drugs and supplements



Depending on if you're a **man, woman, pregnant woman or child**, different services are recommended for you.

Doctor's Visits

Well visits



Height, weight and BMI measurements



Health history and checkups



*Your plan may not pay for all services and treatments in this guide. To learn more about what your plan pays for, see your certificate of coverage or call the customer care number on your ID card.